1. BATTERY INSTALLATION

The product is powered by 2x1.5V AAA batteries

Open the battery cover on the back of scale, then install the batteries properly according to the pictures shown below



Note: After battery installation, please close the battery cover. Remove battery if it is not used for a long time (more than three months).

2. DOWNLOAD AND SET UP THE APPLICATION

Search "MovingLife" in "App Store" or "Google Play" to download the Application. Or another convenient way by scanning the QR code below.





-1-

3. REGISTERING AND CONNECTING

Open App "MovingLife", connect the device with App and add your profile.

Before connection, please make sure Bluetooth is turned on and scale LCD is lit.

Note: Please make sure details are correctly filled in order to get accurate measurements.



4. WEIGHT UNIT SETTING

The scale can display metric or imperial units. The switch is located on the back of the scale.



-2-

5. START WEIGHING

Place the scale on hard and flat floor. Step on the scale with bare feet. The weight reading is stable and flashes, then begins to be transmitted. The scale turns off after few seconds. App will show and save all indexes and history record.



on hard and flat floor.

on the electrodes of

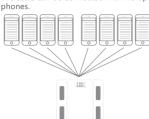
data on App

Max weight capacity: 180kg

To make a proper measurement of body fat, please keep your bare feet on the electrodes of scale.

6. MULTIPLE PHONES SUPPORTED

The scale can be connected with multiple



7. WARNING INDICATIONS ON LCD

off to avoid damage.

Calibration Error exists, please re-test to get the correct result.



Over-load Indication The weighing subject on the platform exceeds the maximum capability of scale. Please step



Low Battery Indication The battery power is running low.

4 -

USER-FRIENDLY TIPS

The product can be used to weigh and calculate body fat % & hydration % after you set gender/ height/age parameters etc. These measurements are only indicative for body fat status.

This product is not for medical treatment and can't be used in any medical institution.

People with the following conditions should not use the device: Pregnant women, those with symptoms of edema, those on dialysis treatment, those who use heart pacemaker or with other implanted medical device.

ABOUT THE BODY ANALYSIS SCALE

The product is a Bluetooth body analysis scale with a high-precision strain gauge sensor, which can help you to store and keep track of your weight on a smart phone. This scale can transmit weight data to your smart phone via Bluetooth technology, as well as make a graph of your weight results, from which you are able to keep track of the trend anytime. Download the App on your phone to use Bluetooth scale.

ADVICE FOR USE & CARE

- 1.To ensure the accuracy of the data, it is recommended that each measurement be carried out at the same time of day. Do not shake the scale as this will result in incorrect readings.
- 2.Step on the scale steadily and touch the electrodes on the platform with your bare feet. Tip over will lead to a fall when you step on the edge of one side of the scale. Keep standing firmly on scale when in use.
- 3.Do not use the scale in humid, extremely hot environment. Most suitable Temperature range from 5°C to 35°C.
- 4. Replace the battery when it runs out and remove when the scale is not in use for a period of time.
- 5.If the product cannot work properly, then please check whether battery is installed, or battery power is low. Insert or replace new batteries.
- 6.Do not drop, shock or strike the scale as it is a precise instrument.
- 7.Keep the scale clean. Do not use acidic cleaning product.
- 8.Do not dispose of a battery into fire or a hot oven, or mechanically crush or cut a battery. This can result in an explosion.
- 9.Do not leave a battery in an extremely high temperature environment that cam result in an explosion or the leakage of flammable $\,$ liquid or gas.
- 10.Do not expose the battery to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.

TROUBLESHOOTING

The software can't obtain weighing results from Smart scale.

- 3 -

- Please confirm the connection sign on the App interface to know the connection status.
- Confirm the Bluetooth is on in your device and the scale is on within the valid range of
- signal coverage.

 Check whether the battery power is running low. • Relaunch the application.
- Turn off the Bluetooth and on again, then bridge the Bluetooth connection between scale and smart phone again.

Fail to connect to your device

- Please make sure only one device is connected with the scale.
- Please make sure your device is equipped with Bluetooth 4.0 or above.

LCD has no response

- Please first check the batteries and replace them if necessary.
- Repairs should not be carried out by unauthorized



BLUETOOTH BODY ANALYSIS SCALE

INSTRUCTION FOR USE





Max weight capacity: 180kg

K: 43468829 | T: 70193022

- 5 **-**

-6 -