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Period Belt CS-109 User Manual



PLEASE READ AND SAVE THESE

INSTRUCTIONS FOR FUTURE REFERENCE

IMPORTANT SAFEGUARDS

Before using this appliance, read and follow all warnings and instructions in this manual, even if you are familiar with this product.

- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance and/or USB cable.
- 3. DO NOT use this product as a medical device or substitute for medical attention.
- 4. DO NOT use this product for more than 30 minutes at a time. Allow at least 30 minutes cool down period in between uses. Extensive use could lead to the appliance overheating and reduce the life of the product.
- 5. The unattended use of heat by children or incapacitated persons may be dangerous.
- 6. This product is NOT to be used by very young children (0-3 years).

Children under the age of three are not to use this appliance due to their inability to react to overheating.

- 7. This appliance must not be used by persons insensitive to heat and other very vulnerable persons who are unable to react to overheating.
- 8. Prolonged Heat application can result in skin burns.
- 9. This product is not intended for medical use. It is intended to provide warmth and comfortable massage. If you have any concerns regarding your health, consult your doctor before using this appliance.
- 10. Individuals with pacemakers should consult a physician before using this product.
- 11. In case of pregnancy, diabetes or illness, consult your doctor before using this product.
- 12. The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance.
- 13. Never use on the face, open wounds, discoloured areas, areas of poor circulation or any areas of the body that are swollen, burned, inflamed or where skin eruptions or sores are present.
- 14. DO NOT use the appliance while sleeping, feeling sleepy or in bed.
- 15. DO NOT store or use the appliance near or in high temperature areas.
- 16. It is normal to feel itching, tingling or see redness on area of the skin where the appliance covers after use. These symptoms will soon disappear. However, if these symptoms remain for an extended period, we recommend consulting a GP as there may be a more serious underlying medical condition.
- 17. DO NOT leave the appliance unattended when in use or charging.

- 18. Take care that children cannot touch the appliance when in use.
- 19. To protect against the risk of electric shock, do not immerse the appliance or the USB cable in water or other liquids.
- 20. DO NOT use or store the product near sinks, baths or showers containing water or near running water.
- 21. The use of accessories not intended for use with this appliance may cause injuries to the user or damage to the appliance.
- 22. If this appliance is to be used by a third party, please supply the instruction manual with it.
- DO NOT operate the appliance with wet hands or wet feet to reduce the risk of electric shock.
- 24. DO NOT cover the appliance while in use. The product will overheat and may cause fire, electrocution, damage to property or injury to persons.
- 25. This appliance is intended for human use only. DO NOT use on animals and pets.
- 26. ONLY for indoor domestic use.
- 27. For information regarding charging the device, please refer to section "BEFORE FIRST USE".
- 28. For cleaning, please refer to "CLEANING AND STORAGE" section.



WARNING

Only Charge the Appliance with the USB cable that was supplied with this Appliance. Only Charge the Appliance from an Extra Low Voltage Battery Charger (not supplied) with an output rating the same as indicated on the Appliance's rating label.

Battery Specifications:

Type: Li-ion, 3.7Vd.c. 1500mAh.

Input: Requires a 5Vd.c./ 1A Battery Charger (not supplied).

Consumers are cautioned against trying to replace the battery. Using and/or purchasing counterfeit and/or inferior quality batteries have the potential to cause fire, personal injury, and/or damage to property. These batteries are typically found on online-auction websites or from other retailers and are known to pose a potential safety risk.

Never try to charge non-rechargeable batteries as they may explode or catch on fire or cause personal injury and/or damage to property.

- Batteries may explode if disposed of in fire.
- The battery is not replaceable. Do Not open the appliance.
- Do not use or store in temperatures above 40°C.



At the end of the appliance's life, it must be disposed of correctly.

This appliance contains a battery that is non-replaceable, and as the battery is non-replaceable, the complete appliance must be recycled as this is where the battery is located.

Contact your local council waste management authority for more information on Battery Recycling and disposal regulations in your area.

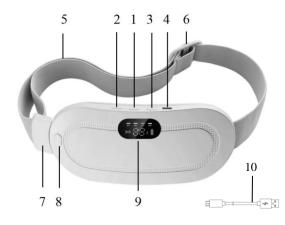
Do not dispose of electrical appliances or batteries as unsorted municipal waste, use separate collection facilities. Contact your local council for information regarding the collection systems available. If electrical appliances are disposed of in landfills or dumps, hazardous substances can leak into the groundwater and get into the food chain, damaging your health and wellbeing. Please contact your local council or regional authority for more information on the collection, reuse, and recycling programmes.

SAVE THESE INSTRUCTIONS FOR HOUSEHOLD USE ONLY

IMPORTANT

If you have any concerns regarding your health, consult your doctor before using this appliance. Individuals with pacemakers should not use this product. If you experience pain for a prolonged period of time, discontinue use and consult your doctor. Persistent pain could be a symptom of a more serious underlying medical condition.

KNOW YOUR PERIOD RELIEF BELT



- 1. On/Off button
- 2. Temperature setting button
- 3. Mode button
- 4. Charging port
- 5. Elastic belt
- 6. Length adjuster
- 7. Buckle
- 8. Buckle release button
- 9. Display
- 10. USB charging cable

BEFORE FIRST USE

Note: When using the appliance for the first time, carefully remove all internal and external packaging, protective film and accessories.

- Fully charge the appliance before first use.
- Always switch off and unplug the charger when charging is completed.

NEVER LEAVE THE APPLIANCE UNATTENDED WHEN CHARGING.

- Normal charging time will take approximately 3 hours using 5Vd.c. 1A charger.
- The appliance cannot be used during charging.
- The Battery indicator flashes during charging.
- When fully charged, the indicator will remain steady ON. At this time, remove the USB charging cable, turn off and unplug the charger.
- The appliance will work approx. 2.5 hours after fully charged.

USE YOUR PERIOD RELIEF BELT

NOTE:

- The appliance will automatically turn off after approximately 30 minutes.
- Do Not use more than 2 times a day (Total of 60 minutes per day).

To fit the Period belt, place the belt around your abdomen, with control panel to top side and fabric facing inward.

Bring the buckle around to your front and lock in place. Adjust the length until you feel comfortable. You are now ready to use your Period Belt.

- 1. Press and hold the On/Off button, "00" will display. The appliance is in standby mode.
- 2. Press the Temperature setting button to select a desired temperature. There are 3 temperature settings available: 50°C, 55°C, 60°C. The set temperature will show on the display.
- 3. Press the Mode button to select a favorable vibration mode. There are 4 modes for selection: M1, M2, M3, M4. Corresponding indicator will illuminate for the mode selected.
- 4. Heat and vibration function can be turned on at the same time or separately.
- The appliance will automatically turn off after 30 minutes., or alternatively, you can
 manually turn off before the 30 minutes has passed.

Note: When Red Battery indicator is flashing, this is an indication that the battery needs recharging.

CLEANING AND STORAGE

- Turn off the appliance after use.
- Do Not wash the appliance in water or any other liquid. Please always follow the instructions:
- Clean the appliance only with a soft, very slight damp cloth.
- NEVER allow water or any other liquids to come into contact with the appliance.
- NEVER use abrasive cleaners, solvents, steel wool, scouring pads, brushes, or strong
 chemicals that might or might not be flammable and/or damaging to the product to clean.
- Do Not wind the charging cable around the appliance body as this will damage the cord
 over time. Simply loop the cable and place next to the appliance.
- Store your appliance in a cool, dry location.

TECHNICAL SPECIFICATION

Working time	Approximately 2.5 hr
Charging time	Approximately 3.0 hr
Input voltage	5Vd.c. 1.0A
Battery type	Li-ion, 1500mAh, 3.7V (1 cell)

12 Month Warranty

Thank you for your purchase.

Your new product is warrantied to be free from defects in materials and workmanship for the period stated above, from the date of purchase, provided that the product is used in accordance with accompanying recommendations or instructions where provided. This warranty is in addition to your rights under the Australian Consumer Law.

For New Zealand customers, this warranty is in addition to statutory rights observed under New Zealand legislation.

We will provide you with your choice of a refund, repair (where possible) or exchange (availability dependent) for this product if it becomes defective within the warranty period. The business will bear the reasonable expense of claiming the warranty.

This warranty will no longer apply where the defect is a result of alteration, accident, misuse, abuse or neglect.

Please retain your receipt as proof of purchase and contact our Customer Service Centre as listed below, for the entity you purchased this product from, for any difficulties with your product. Warranty claims and claims for expense incurred in returning this product can be addressed to the respective Customer Service Centre.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Contact for Kmart purchases	Contact for Target purchases
Kmart Australia Ltd.	Target Australia Pty Ltd
C/- Customer Service Centre	C/- Customer Service Centre
690 Springvale Road,	2 Kendall Street, Williams Landing,
Mulgrave Vic 3170	Vic, 3027
Customer Service: 1800 124 125	Customer Service: 1300 753 567
(Australia) or 0800 945 995	or via Customer Help at
(New Zealand) or via	target.com.au/help/contact-us
Customer Help at kmart.com.au	