

# SLACKLINE TRAINING SET INSTRUCTIONS

**Keycode: 42970408**

ATTENTION: THIS SET DOES NOT INCLUDE ANY OTHER OBSTACLE ACCESSORIES.

## WARNING AND DISCLAIMER

**Slackline training set helps develop balance but can be a dangerous activity!**

Please read this manual carefully and in its entirety. The Slackline training set can be a dangerous piece of equipment.

Always abide by local laws regarding Slacklines to see where and how you may lawfully use the Slackline training set. The user assumes all risks and accepts complete responsibility for any and all damages and injuries of any kind. The manufacturer and retailer are not liable for any death, injury or damage incurred as a result of using this Slackline training set.

## SAFETY GUIDELINES:

- Use the Slackline training set only as detailed in this instruction manual. Use of this product in any other manner can lead to death or injury.
- Check that all equipment is properly maintained, in good working order and inspected for damage or wear prior to each use.
- Do not attach or use a tree that is not healthy, diseased or damaged, it may fail causing serious injury.
- The slackline set is designed to be installed between two trees. It should not be installed between any other equipment or object.
- The product shall not be installed over concrete, asphalt or any other hard surface.
- Never leave the slackline unattended (especially when children are present!) as that may provoke accidents to third-parties. Always use common sense and use additional objects such as blankets, flags, tape, music or lights to alert any person who may not be aware of the Slackline training set.
- Adult supervision is required at all times.
- Wear personal protective equipment including closed toe footwear.
- Always wear a helmet and protective knee and elbow pads.
- User's maximum weight: 100kg. Only one person on the slackline at any one time.
- Only wear close fitting clothing.

- Keep people at least 10 ft. away from the Slackline course when it is in use.
- Never use the line when it is wet or if there is rain or lightning in the area or predicted.
- Do not use the line if any parts are worn or damaged.
- Not suitable for children under 5 years old.
- Keep assembly and installation instruction for further reference

**FAILURE TO FOLLOW THESE RULES COULD RESULT IN SERIOUS INJURY OR EVEN DEATH!!**

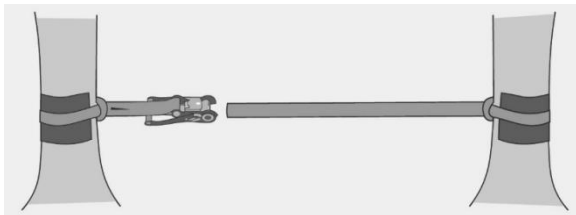
## INSTURCTIONS FOR INSTALLING THE SLACKLINE.

### Contents

The slackline training set consists of a 50mm wide webbing with covered strap. The ratchet is fixed on a shorter, 50mm wide webbing. Accessories include: 2 pieces tree protectors, 1 piece ratchet protectors and one drawstring bag.

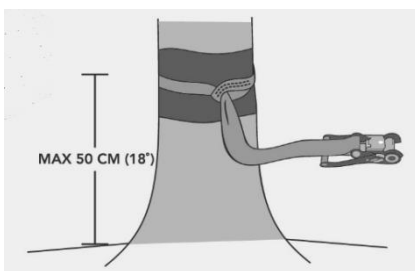
Caution: Do not use any components other than the ones provided in this Slackline training set. Be sure to follow all safety guidelines!

### Assembly:



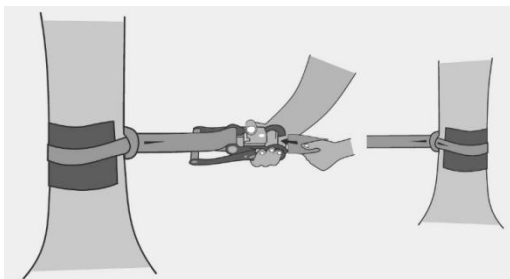
1. Choose a tree with minimum circumference of 1 m (30 cm diameter) and maximum circumference of 1.8m. Please be sure that the trees can withstand force of at least 25 kN (2.5t). It is suggested to use tree protectors to cushion the line

to prevent damage to the trees.



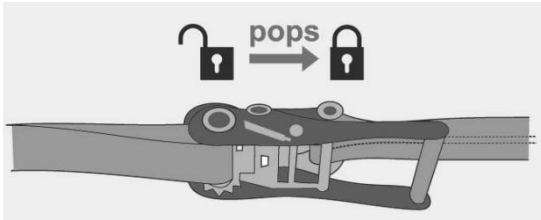
2. Wrap the band without the ratchet flat around your fixed point. Be aware not to anchor it higher than the maximum height of 50 cm off the ground. Feed the band through the strap and tighten to the tree.

TIP: Place the line in the center of the fixed point. Fold the band when threading it through the strap to make the line straight.



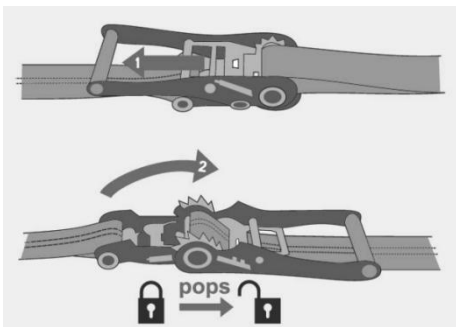
3. Take the ratcheted band and wrap it around a tree at the same height. Thread the ratchet through the covered strap so that a loop is formed. Install the ratchet with the lever facing down, it will be more simple and secure. Pull on the small lever inside the ratchet in order to release it and open the main lever. Insert the loose end of the webbing avoiding any twists in slot of the winding

shaft. Make sure that you insert the webbing from top to bottom and that the line comes straight out of the ratchet. Tighten the line by holding onto the band with one hand and ratcheting with the other. 1.5 complete windings, maximum 2.5 complete windings. The tension on the lever of the ratchet must not exceed 400 N (40 kg).



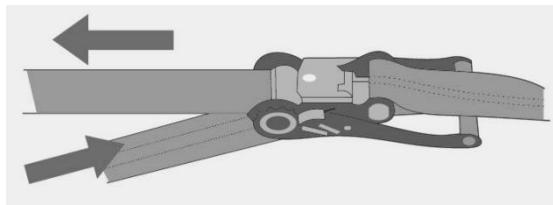
4. Close the ratchet, making sure that the bolt rests in the cogging and move the lever to a horizontal position. The ratchet should be underneath the line so as not to interfere with slackline.

### Releasing the Slackline:



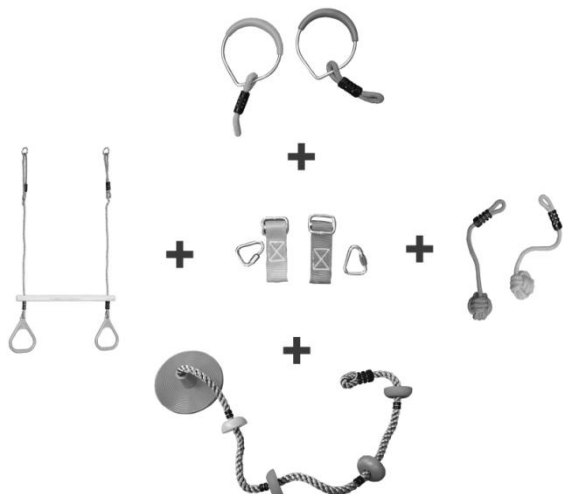
1. To release ratchet, pull the pawl (small lever inside the ratchet). Open the lever by pulling on it. Make sure the lever is completely open and flat. Now, you can pull the band out. This step should be done slowly to avoid damage to the webbing. Releasing too fast may cause injury.

2. Removing the line out ratchet slot gently and wrap up the line for next use.



**SLACKLINE CAN BE USED WITH OBSTACLE ACCESSORIES AS MONKEY LINE.**

### OPTIONAL OBSTACLE ACCESSORIES (sold separately):



1. Jointer (Buckle set and Delta clip) + Slackline Handle
2. Jointer (Buckle set and Delta clip) + Slackline Rope
3. Jointer (Buckle set and Delta clip) + Swing handles
4. Jointer (Buckle set and Delta clip) + Swing Rope

**CARE:**

Clean your Slackline using mild soap and water. Be sure to rinse the slackline well to remove all soap residue. Never put your Slackline in a washing machine, dishwasher or clean with a high-pressure hose.

Do not use abrasive cleaners of any sort (chemical or physical). Never dry your slackline using any source of artificial heat, or over a fire or in direct sunlight. If using your slackline around salt water, be sure to rinse well with clean, clear water.

**INSPECTION, MAINTENANCE AND REPLACEMENT:**

Always inspect all components of your slackline prior to use. Check that the ratchet is functioning properly, and that the webbing is free from any abraded areas, cuts, loose seams or threads. Do not use this product if you detect any damage to it.

**LUBRICATION OF RATCHET:**

Lubricate your clean ratchet with a silicone-based lubricant. This will help maintain proper function and increase the life of your ratchet.

**STORING AND TRANSPORT:**

Always store your slackline in a dark and dry place. Make sure that your slackline is completely dry before storing it. Protect your slackline from chemicals, sharp edges, direct sunlight, and anything else that can weaken the Slackline over time.

**MADE IN CHINA**

FOR AU / NZ: IMPORTED FOR KMART

STORES IN AUSTRALIA AND NEW ZEALAND.