## **Assembly Instruction**

### 42987574 Walking Frame

#### **WARNING:**

Please read all instructions before adjusting or using the walking frame, failure may result in injury or damage.

Maximum loading weight: 100kg

#### **Safety Instructions:**

- 1. Before use make sure that the walking frame is adjusted to the correct height and all 4 legs are at the same height. When the frame is adjusted correctly, the user should be able to maintain an upright posture.
- 2. Be sure folding mechanisms are locked before use.
- 3. Remove obstacles that could be a hazard such as power cords, loose-rugs, liquid spills, etc.
- 4. When outdoors, beware of hazards such as uneven surfaces, wet ground, rocks and pebbles.
- 5. Inspect the walking frame regularly to check for wear.

#### **Using the Walking Frame:**

- 1. Stand directly in front of the walking frame.
- 2. Place the walking frame one step ahead
- 3. Step ahead to where the frame is and follow through with the other leg.
- 4. All four legs of the walker should be on the ground before each step.
- 5. Make sure that you are steady between each step.

#### **Hardware List**

A		1PC
В		2PCS
С	000000	4PCS

# STEP 1 STEP 2 A В В STEP 3 STEP 4 Adjust height to your comfortable position before using the frame. Ensure that all legs are clicked into the correct length position. Push the button first before folding the frame.