


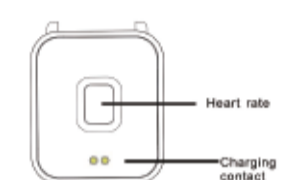
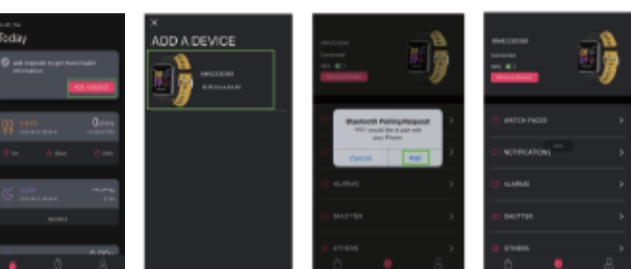
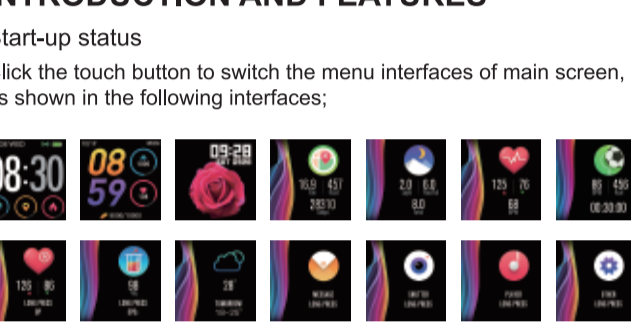








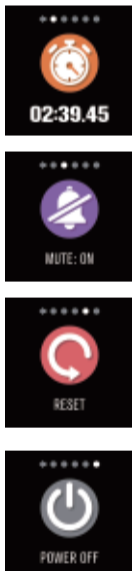


尺寸: 100X100mm
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<p>anko User Manual SMART FITNESS WATCH 42990369</p>  <p>Notice: Please read user manual carefully before any operations and keep it for your records.</p>	<p>The anko Bluetooth® Smart Watch is not a medical-grade device. It is a fitness tracker and a general wellness device used to log, track or trend exercise activity. It does not make any medical claim and is not a suitable replacement of medical device. Please consult your doctor for diagnostic purposes and to track a serious medical condition.</p> <p>Safety Instructions:</p> <ul style="list-style-type: none"> Do not open the device will void the warranty and may pose a safety hazard. This device is not intended to be used by people (including children) with reduced physical, sensory or mental abilities or lack of experience and/or lack of knowledge unless they are supervised by a person responsible for their safety or have received instructions on how to use the device. The product is not a toy. Do not allow children or pets to play with this device. Do not drop the device and avoid heavy blows. The device contains electrical components that pose a risk of injury if handled improperly. Do not expose the device to extreme temperatures, steam, and hot water. Protection Class IP67. The device is waterproof. 	<ul style="list-style-type: none"> The Fitness Tracker can be worn in the rain and in the shower but is not suitable for diving or immersing in water for over 30mins. Do not check any messages or other data on the device's display while operating a vehicle or in other situations where distraction may pose a safety hazard. Maps, directions and other GPS or navigation data including information on your current location may be unavailable, inexact, or incomplete. The product is not a medical instrument. It is not suitable for diagnosis, treatment, or prevention of illness. The heart rate and VO2 values calculated using the device are intended as a reference only. Do not use the results for medical diagnosis, self-diagnosis or as a base for treatment. If you suffer from a circulatory or blood pressure disorder, exercise under medical supervision. Prolonged contact with the wristband can cause some users to suffer skin irritations or allergies. If you notice any signs of a skin rash, swelling, itching or other skin irritations, please cease using the product or wear it over a piece of clothing. Continuing use after the symptoms have subsided may result in renewed or even worsened irritation. If your symptoms persist, please consult your physician. Consult your physician before beginning or changing your exercise program. If you are in a health risk group and the use of the product may impair your condition, consult your physician before use. 	<p>CHARGING</p> <p>Place the watch on the charging stand, the magnetic will make the watch and the charging stand automatically and start charging.</p> 	<p>ACTIVATING THE FITNESS TRACKER</p> <p>Press and Hold the touch button for 5 seconds or charge the smart watch. Press and Press and Hold the touch control for at least 3 seconds. The device will switch on and enter activity mode. Displays day, date, battery charge indicator, time, and your last activity (KM, steps, Kcal).</p>  	<p>CONNECT TO THE APP</p> <p>2. Ensure your smart phone's Bluetooth function is activated. Connect to the APP before using your Fitness Watch for the first time by following the APP instructions. Note: Your mobile phone must support Android5.1 or IOS8.0 or above, and Bluetooth 4.0 or above.</p>  <ol style="list-style-type: none"> Switch to the home page and Choose your device "KM42330369" in the device list For IOS system, Searching "KM42990369" in your Bluetooth settings menu to pair connect it already for Android system. Successful 	<p>HOW TO DISCONNECT</p> <p>For Android, disconnect it from the phone by clicking on the Remove Device from the app. For IOS, click setup Bluetooth, click on the ! symbol on the right, and choose to ignore the device.</p> <p>INTRODUCTION AND FEATURES</p> <p>Start-up status</p> <p>Click the touch button to switch the menu interfaces of main screen, as shown in the following interfaces:</p> 	<p>1.Introduction of main interface functions</p> <p>Once paired with APP first time, it will synchronize the time, date, steps, and calorie symbols of the phone.</p> <p>2.Counting of steps, distance and calorie</p> <p>The step-counting interface shows steps. With the smart watch on wrist, it can count steps, distance and calories automatically.</p> <p>3.Sleep monitoring</p> <p>With the smart watch at night, it can automatically determine whether users are in the sleep state, record deep sleep and shallow sleep respectively, and summarize sleeping time to help users monitor their sleep quality. It can measure quality of sleep by the range and frequency of wrist movements as you sleep.</p> <p>Note: Because sleep time and habits are different for different people, the time of sleep monitoring is only for reference.</p> 
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<p>4.Heart rate measurement</p> <p>Press and Hold the touch button for two seconds, it begins to measure the heart rate according to the real-time heart rate of the human body. After one minute, it stops automatically, records the last value, and feeds back to the main interface. It will distinguish between high and low heart rates based on the last heart rate value for the second time.</p> <p>4.1 The heart rate sensor shall be closely attached to and well contacted with skin in measurement of heart rate. If the smart watch is too loose, the result will inaccurate measurement. It is prohibited to look at the green light of sensor.</p> <p>4.2 The user has to keep sitting still though the device is used for measuring heart rate in a real-time and dynamic way, otherwise, the time for measurement of heart rate will be delayed or no data can be measured. The user should not move until the smart watch measures the value and check the heart rate.</p> <p>4.3 It is necessary to measure heart rate after a rest if there is a big difference in measured data. The average value obtained through five times of consecutive measurement is more accurate.</p> 	<p>4.4 The device is used to measure heart rate in a real-time and dynamic way, so the heart rate is varied with different conditions such as speaking, dining and drinking. It shall be subject to the actual case.</p> <p>4.5 Make sure there is no dirt at the bottom of the heart rate sensor during measurement. Skin color, hair density, tattoo and scar may affect the accuracy of the measured results, in which cases it is necessary to re-measure the heart.</p> <p>5.Training</p> <p>In the sports mode, you can enter the sports mode after holding the touch button for two seconds. There are eight kinds of sports, including walking, running, cycling, rope skipping, badminton, basketball, football and swimming. If you choose the "walking" mode, it will start recording the sport parameters "To exit, press and hold the touch button for two seconds and select "pause", "exit" or "return".</p> 	<p>6.Blood pressure</p> <p>Click on the touch button to switch to blood pressure interface, press and hold the blood pressure interface for 2 seconds and it will start measure. After measurement, the smart watch will vibrate once and display the blood pressure data. You should measure blood pressure in the quiet place with appropriate temperature, rest for at least 10 minutes before measurement to avoid tension, anxiety and emotional excitement, measure blood pressure for three times, with two minutes apart each time, and record the average of three readings.</p> 	<p>8.Weather</p> <p>There is information about the current weather, air quality and weather forecast on the weather page. There will be weather information after it relates to APP, and the weather information will not be updated if it is disconnected with smart watch.</p> <p>9.Message</p> <p>Switch to the Message interface, you can enter the information content. Press and hold the touch button for 2 seconds, and then switch to the next content after clicking the touch button, which contains the message pushed from short message and chat software. Up to five messages can be saved, and in case that there are already five messages, the message displayed before will be replaced by new message one by one.</p> <p>Note: Entering the message content interface, you can delete the current single message by holding the touch button for 2 seconds.</p> 	<p>10.Music control</p> <p>Connected to the mobile phone, the smart watch can control the music player of the mobile phone. When the mobile phone plays music, you can use the smart watch to control playing/pausing, the last song and the next song.</p>  <p>11.Photo control</p> <p>Connected to the mobile phone, the smart watch can be used as the remote control of the mobile camera. After opening the "Photo Control" in APP, you can "Shake" the smart watch and hold the touch button to take photos.</p>  <p>12.Settings</p> <p>Press and Hold the "Settings" interface to enter the functional interface.</p> <p>12.1 Brightness regulation Press and Hold the touch button for 2s to enter "brightness regulation", click the touch key to select brightness and momentarily press the side key to return.</p> 	<p>12.2 Stopwatch Press and Hold the stopwatch page to "start" timing, click once for "pause" timing and hold it to "stop" timing.</p> <p>12.3 Mute Mute function is closed by default, if the smart watch does not need to vibrate, you can switch to the mute by press and hold the touch button for two seconds to "open" or "close" it.</p> <p>12.4 Restoring the factory setting. Press and Hold the touch button for over 3 seconds to start to clear off all messages in Smartwatch, and restore the factory setting.</p> <p>13.Power-off</p> <p>Press and Hold the touch button for 3 seconds, the device will power off.</p> 	<p>Frequently Asked Questions (FAQ)</p> <p>Why does the smart watch automatically disconnect Bluetooth when the Android screen goes off?</p> <ol style="list-style-type: none"> Lock Background APP. When the PubFit process is cleared, the smart watch will be disconnected from the phone. Set APP self-startup Unrestricted Background operation, with App installed on Android mobile phone, the background operation is restricted intelligently by default. App should be set manually without any restrictions. <p>The smart watch cannot receive message?</p> <ol style="list-style-type: none"> Ensure switch on push message push on App setting. Ensure that message can be displayed normally in the mobile phone notification bar. The message push on the smart watch is completed by reading the message from the mobile phone notification bar. The smart watch will not receive the push message if there is no message in the mobile phone notification bar. (You need to find notification settings in the mobile phone settings, and turn on the notification switch of WeChat, QQ, phone, SMS and mobile phone client) <p>12 Month Warranty</p> <p>Thank you for your purchase from Kmart. Kmart Australia Ltd warrants your new product to be free from</p>	<p>defects in materials and workmanship for the period stated above, from the date of purchase, provided that the product is used in accordance with accompanying recommendations or instructions where provided. This warranty is in addition to your rights under the Australian Consumer Law. Kmart will provide you with your choice of a refund, repair or exchange (where possible) for this product if it becomes defective within the warranty period. Kmart will bear the reasonable expense of claiming the warranty. This warranty will no longer apply where the defect is a result of alteration, accident, misuse, abuse or neglect.</p> <p>Please retain your receipt as proof of purchase and contact our Customer Service Centre on 1800 124 125 (Australia) or 0800 945 995 (New Zealand) or alternatively, via Customer Help at Kmart.com.au for any difficulties with your product. Warranty claims and claims for expense incurred in returning this product can be addressed to our Customer Service Centre at 690 Springvale Rd, Mulgrave Vic 3170.</p> <p>Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.</p> <p>For New Zealand customers, this warranty is in addition to statutory rights observed under New Zealand legislation.</p>
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