

anko

Shiatsu Foot Massager with Heat User Manual



Model No.: CF-5903

Rev 1

Note: The specifications and/or components of this appliance are subject to change without prior notice.

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**READ AND SAVE THESE INSTRUCTIONS FOR
FUTURE REFERENCE**

1 Warnings

Before using this appliance, read and follow all warnings and instructions in this manual, even if you are familiar with this product.

This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge unless they have been given supervision or instruction concerning the use of the appliance by a person responsible for their safety.

Children should be supervised to ensure that they do not play with the appliance.

WARNING Only use the Power Supply that was provided with this appliance. Model No. XH1200-2000WA.

2 Important Safeguards



Please read this instruction manual carefully before first use. It is advisable to keep this instruction manual for future reference.

DO NOT use this product as a substitute for medical attention.

DO NOT use this product for more than 15 minutes at a time. Allow at least 30 minutes cool down period in between uses. Extensive use could lead to the appliance overheating and reduce the life of the product.

DO NOT leave the appliance unattended when in use or plugged in.

Take care that children cannot touch the appliance when in use, and make sure they cannot reach and pull the power cord.

To protect against the risk of electric shock, do not immerse the appliance, cord or power supply in water or other liquids.

DO NOT use or store the product near sinks, baths or showers containing water or near running water.

DO NOT use in the bath, shower, spa, pool etc.

Always disconnect the power supply from the power point after use.

DO NOT use if the power supply or power supply cord is damaged. It must be disposed of in order to avoid a hazard.

The use of accessories not intended for use with this appliance may cause injuries to the user or damage to the appliance.

Do not place this unit on other appliances, on uneven surfaces or where it could be subject to heat sources (e.g., radiators or stoves), direct sunlight, excessive dust, etc.)

This Appliance should not be placed near a hot gas or electrical burner or placed in a heated oven.

The appliance should always be switched off before disconnecting from the power supply. Never pull the cord to disconnect the power supply from either the appliance or the power point. Grasp the plug / Power supply body.

There are no user-serviceable parts in this appliance.

If this appliance is to be used by a third party, please supply the instruction manual with it.

Ensure children and babies do not play with plastic bags or any of the packaging material.

DO NOT operate the appliance or touch the power supply with wet hands to reduce the risk of electric shock.

DO NOT carry the appliance by the power cord.

DO NOT use the appliance while sleeping or if feeling sleepy.

DO NOT use this product before bed. The massager has a stimulating effect and may delay sleep.

DO NOT use this product while in bed.

DO NOT use machinery or heavy equipment while using this appliance.

DO NOT cover or fold the appliance while in use. The product will overheat and may cause fire, electrocution, damage to property, or injury to persons.

This appliance must not be used by persons insensitive to heat and other very vulnerable persons who are unable to react to overheating if using the Heat Function.

The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance.

Prolonged Heat application can result in skin burns.

This appliance is intended for human use only. Not for animals and pets.

Do Not Allow Pets or Animals to Lie or Chew On this Appliance or on Electrical Cords etc.

The unattended use of heat by children or incapacitated persons may be dangerous.



This product is Not to be used by very young children (0-3years)

Children under the age of three are not to use this appliance due to their inability to react to overheating.

This product is not intended for medical use. It is intended only to provide a comfortable massage.

If you have any concerns regarding your health, consult your doctor before using this appliance.

Individuals with pacemakers should consult a physician before using this product.

In case of pregnancy, diabetes or illness, consult your doctor before using this product.

Massage should be pleasant and comfortable. Should pain or discomfort result, or if you experience pain in a muscle or joint for a prolonged period of time, stop use and consult your doctor.

Never use any massager on the face, open wounds, discoloured areas, areas of poor circulation or any areas of the body that are swollen, burned, inflamed or where skin eruptions or sores are present.

Never reach or touch an appliance that has fallen into water. Unplug from the mains power point immediately.

Position the power supply cord properly so that it will not be walked on or pinched by items placed on or against it.

DO NOT store or use the appliance near or in high temperature areas.

ONLY for indoor domestic use. Industrial or commercial use invalidates the warranty.

No liability can be accepted for any damage caused by non-compliance with these instructions or any other improper use or mishandling of the appliance.

IMPORTANT

If you have any concerns regarding your health, consult your doctor before using this appliance. Individuals with pacemakers should not use this product. If you experience pain in a muscle or joint for a prolonged period of time, discontinue use and consult your doctor. Persistent pain could be a symptom of a more serious medical condition.

3 Components



1	Massage Surface	3	Power Supply: XH1200-2000WA
2	Washable Cover	4	Control Panel

4 Operation Procedure

NOTE: If you forget to turn the massager off after use, the unit will automatically turn off after approximately 15 minutes.

This should not be considered as a substitute for manually turning off your appliance. Always remember to turn off and unplug when not in use.

Do Not use for more than 15 minutes at a time without a 30 minute cool down period in between uses.

Do Not use more than 2 times a day.

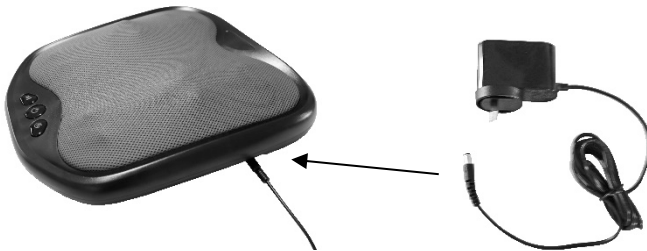
4.1 Power Supply

Use only with Power Supply Model: XH1200-2000WA

Before first use, please read this Instruction Manual carefully.

With the washable cover fitted, place the massager on a flat level surface.

Insert the small plug end of the power supply into the small socket on the side of the massager as shown.

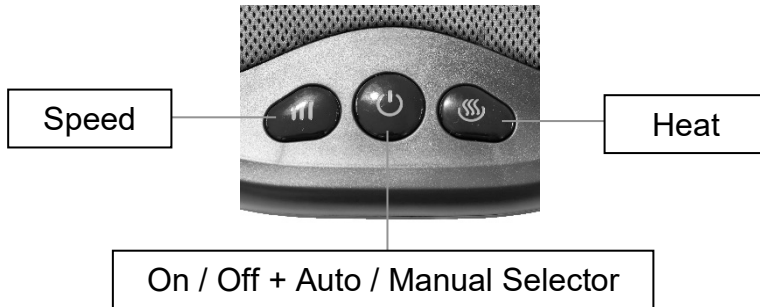


- Insert the Power Adaptor into the Power Point and switch it on.

4.2 Massage Control Operation

- Sit in a comfy chair with the massager at the front of the chair with the control panel closest to the chair, then place your feet on top of the massager.

IMPORTANT: DO NOT stand on the massager.



4.2.1 On / Off

Press the On / Off button and the massager begins to operate in the default “Auto” mode indicated by the On / Off switch illuminating a Yellow Colour.

Auto Mode function:

- Rotates at Low speed for approximately 20 seconds
- Reverses at High speed for approximately 20 seconds
- Reverses at Low speed for approximately 50 seconds
- Continues to Rotate at High speed for approximately 100 seconds
- Reverses at Low speed for approximately 50 seconds
- Continues to Rotate at High speed for approximately 100 seconds

Press the On / Off button again and the massager will change to Anti-Clockwise Shiatsu Mode indicated by the On / Off button illuminating Green.

The Right-side centre Massage head will rotate Anti-clockwise, while the Right-side Top and Bottom massage heads will rotate Clockwise.

Note: The Left side massage heads will rotate opposite to the right side massage heads

Press the On / Off button again and the massager will change to Clockwise Shiatsu Mode indicated by the On / Off button illuminating Red.

The Right-side centre Massage head will rotate Clockwise, while the Right-side Top and Bottom massage heads will rotate Anti-clockwise.

Note: The Left side massage heads will rotate opposite to the right side massage heads

4.2.2 Heat

When the unit is powered ON and the massage function is started, the heat function will start with High Heat indicated by the button illumination Bright Red.

Press the heat button and the heat will reduce to Low heat indicated by the button illuminating a dim Red.

To stop the heating function, press the Heat button again. The indicator light will turn off.

You can change from High heat to Low heat to Off in any mode and at any time.

4.2.3 Massage Speed

- After starting the massager in default mode (Auto), press the On / Off button again to enter Manual Mode. The On / Off button will change to Green Colour or press a second time and the button will change to Red colour. This reverses the massage head direction from when green is selected.
- Press the Speed button to increase the speed of the massage heads. The Speed button will change to Yellow Colour indicating Mid Speed.
- Press the Speed button again to increase the speed of the massage heads. The Speed button will change to Red Colour indicating Max Speed.
- Press the Speed button again and the Speed of the massage heads will cycle back around to Low Speed. The Speed button will change back to Green Colour indicating Low Speed.

4.3 Auto-Off

The massager will automatically turn off after approximately 15 minutes.

Allow at least 30 minutes cool down period in between uses. Extensive use could lead to the appliance overheating and reduce the life of the product.

5 Completion and Storage

- After you have finished using the appliance, unplug the power adaptor and disconnect from the appliance.
- Store the appliance safely in its box and in a dry place.
- Do Not wind the power adaptor cord around the appliance body as this will damage the cord over time. Simply loop the cable and place it next to the appliance.

6 Cleaning the Appliance

CAUTION: DO NOT IMMERSE IN WATER OR LIQUID.

- Turn off and unplug the appliance before cleaning.
- Do Not immerse the appliance in water or any other liquid.
- Clean the massager with a soft, very slightly damp sponge.
- **NEVER** allow water or any other liquids to come into contact with the appliance especially the control buttons, power socket or power adaptor.
- Never use abrasive cleaners, solvents, steel wool, scouring pads, brushes, or strong chemicals that might or might not be flammable and/or damaging to the product to clean.
- Handwash the removable cover in lukewarm water with normal washing detergent, rinse well and allow it to fully dry before refitting the cover.

IMPORTANT:

Do not Bleach or use Detergents or Stain Removers with bleach

Do not Dry Clean

Do Not Tumble Dry

Do Not Iron.

7 Troubleshooting

Problem	Cause	Remedy
No Power.	Power Not Switched On.	<p>Plug in the power adaptor and Switch On at power point.</p> <p>If still no power, check if the power point has power supplied by checking with another appliance such as a table lamp.</p> <p>If no power to the power point, call an electrician.</p>
	The power adaptor is not plugged into the appliance	Insert the small plug end on the Power adaptor into the appliance
No Massage	The appliance is not switched on	Press the On / Off button
		Refer to Section "No Power" for Remedy
No Heat Function	The heat button has not been pressed.	Press the Heat button. The button should illuminate Bright Red for High Heat or Dim Red for Low Heat.
Massager turns off automatically	The massager has an Auto-Off timer.	<p>Massager turns off automatically after approx. 15 minutes.</p> <p>Allow at least 30 minutes to cool down in between uses.</p>
Massager unexpectedly turns off before the auto-off approx. 15 minutes has been reached.	The unit has overheated due to excess use without a cool-down period.	Allow at least 30 minutes to cool down in between uses.
Unable to select different speeds	The massager is in Auto Mode	Press the On / Off button to change the indicator light from Yellow to either Green or Red

8 Warranty Against Defect

12 Month Warranty

Thank you for your purchase from Kmart.

Kmart Australia Ltd warrants your new product to be free from defects in materials and workmanship for the period stated above, from the date of purchase, provided that the product is used in accordance with accompanying recommendations or instructions where provided. This warranty is in addition to your rights under the Australian Consumer Law.

Kmart will provide you with your choice of a refund, repair or exchange (where possible) for this product if it becomes defective within the warranty period. Kmart will bear the reasonable expense of claiming the warranty. This warranty will no longer apply where the defect is a result of alteration, accident, misuse, abuse or neglect.

Please retain your receipt as proof of purchase and contact our Customer Service Centre 1800 124 125 (Australia) or 0800 945 995 (New Zealand) or alternatively, via Customer Help at Kmart.com.au for any difficulties with your product. Warranty claims and claims for expenses incurred in returning this product can be addressed to our Customer Service Centre at 690 Springvale Rd, Mulgrave Vic 3170.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

For New Zealand customers, this warranty is in addition to statutory rights observed under New Zealand legislation.

IMPORTANT!

For all technical queries or difficulties in operating the product and for spare parts, contact H.E. Group customer service 1300 105 888 (Australia) and 09 8870 447 (New Zealand).