## **Embroidery Hoop Kit - Tropical Birds**

## Kit Includes

- >1 x printed fabric
- > 7 x embroidery threads
- 2 x embroidery needles
- >1 x 16cm bamboo hoop

## **Before You Begin**

- Prepare the fabric on the embroidery hoop by separating the 2 circles and laying the fabric over the inner one. Place the larger circle over the top and press down to secure the fabric. Adjust the fabric position to ensure the design is centred. Tighten the screw and gently pull the fabric edges to ensure it's taut. Do not pre wash the fabric.
- Embroidery thread is made up of 6 strands of thread twisted together. We recommend using 2 strands of thread cut into 1 meter lengths to be more manageable.
- To separate the threads, pinch the end of the thread in between your thumb and forefinger to spread out the strands. Take 2 strands in your other hand and pinch the remaining thread in between your thumb and forefinger and gently pull the 2 strands of thread up. Continue to slowly pull until entirely separated. The thread will gather, but it should not tangle.
- Begin your embroidery by following the guide image for colour and stitch reference. It may be helpful to practice stitch types before beginning. Tie a knot to start and end your thread.
- To complete your hoop, turn it over and trim the excess fabric from the edges. Alternatively, trim the fabric and fold it over the inner part of the back side of the hoop. Use hot glue to secure the fabric.

## **Learning The Stitches**

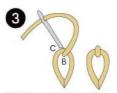
#### **Lazy Daisy Stitch**



Bring needle up through the fabric where you want to begin stitching at point A. Insert the needle back into the same hole.

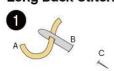


Keeping the thread in a loose loop, bring the needle up through B, with the loop around the needle.

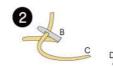


Pull the thread through the loop and insert the needle at C, fastening the top of loop.

## **Long Back Stitch**



Bring needle up at point A then insert it at B, about 1.5cm from A. Bring back up at C, about 1.5cm from point B.

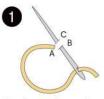


Insert the needle back down into B, then back up at D about 1.5cm past C

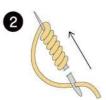


Continue along to create lines of long back stitch.

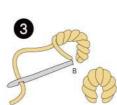
#### **Bullion Knot**



Bring the needle up at A and pull the thread through, Insert the needle at B and bring the needle back up at C, next to A



Wrap the thread around the needle multiple times. More wraps will result in a larger knot.



Pull the needle through and insert at B to create a bullion knot.

## Tips

- One strand of embroidery thread used throughout except for the little turquoise floral on the left of orange parrot, where two strands were used for the stem stitch.
- Long back stitch used down centres of leaves.

# Guide Image



#### Satin Stitch



Starting at the edge of your shape, bring the needle up at A and pull the thread through. Insert the needle at B and back up at C. Pull the thread through

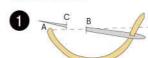


Repeat the first sequence to create a set of parallel the shape with stitches.



Satin stitch can also be angled to produce a fan shape. This is formed by bringing the needle through the same hole at the base of the fan, as shown

#### Stem Stitch

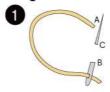


Bring the needle up where you want to begin stitching at A. Insert the needle at B at a slight diagonal and pull through at C (half-way between A and B).

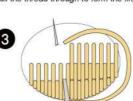


Repeat stitches, keeping the thread on the left side of the needle and making sure stitches are the same

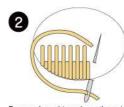
## Long And Short Stitch



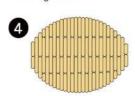
Bring the needle up where you want to begin stitching at A. Insert at B at a slight diagonal and pull through at C (half-way between A and B). Pull the thread through to form the first stitch.



For row 2, work long stitches in the spaces



For row 1, working along the edge of the shape, make stitches next to each other alternating between long and short stitches. The short stitches should be half the length of the long stitches.



Continue with more rows until you've reached the opposite side of the shape.