

anko

Massage Gun
Model: ITGM-09
User Manual



PLEASE READ AND SAVE THESE
INSTRUCTIONS FOR FUTURE REFERENCE

Warnings

We recommend checking with your doctor before using the massager, especially if you have health problems.

Before using this appliance, read and follow all warnings and instructions in this manual, even if you are familiar with this product.

This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instructions concerning use of the appliance by a person responsible for their safety.

The massage gun is not a toy. Children should be supervised to ensure that they do not play with the appliance.

This appliance contains batteries that are replaceable.

Important Safeguards

Please read this instruction manual carefully before first use. It is advisable to keep this instruction manual for future reference.

This product is not intended for medical use. It is intended only to provide a comfortable massage. If you have any concerns regarding your health or recovering from injury or surgery, consult your doctor before using this appliance.

Individuals with heart pacemakers should consult a physician before using this product.

In case of pregnancy, diabetes or illness, consult your doctor before using this product.

Massage should be pleasant and comfortable. Should pain or discomfort result, or if you experience pain in a muscle or joint for a prolonged period of time, stop use and consult your doctor.

Never use any massager on the face, open wounds, discoloured areas, areas of poor circulation or any areas of the body that are swollen, burned, inflamed or where skin eruptions or sores are present.

It is normal to feel itching, tingling or see redness on area of the skin where the massager was used after use. These symptoms will soon disappear. However, if these symptoms remain for an extended period, we suggest you consult your doctor as there may be a more serious underlying health issue.

To prevent bruising, do not press too hard on the device.

DO NOT leave the appliance unattended when in use.

To protect against the risk of electric shock, do not immerse the appliance, battery in water or other liquids.

DO NOT use or store the product near sinks, baths or showers containing water or near running water.

DO NOT use in the bath, shower, spa. pool etc.

Always turn off the product after use.

DO NOT use this appliance if it has been dropped or any part of the appliance has been damaged (including battery).

The use of accessories not intended for use with this appliance may cause injuries to the user or damage to the appliance.

DO NOT place this unit on other appliances, on uneven surfaces or where it could be subject to heat sources (e.g. radiators or stoves), direct sunlight, excessive dust.

This appliance should not be placed near a hot gas or electrical burner or placed in a heated oven.

There are no user serviceable parts in the appliance. Any repairs to the product must be carried out by a qualified electrical person only or the product must be disposed.

Ensure children and babies do not play with plastic bags or any of the packaging material.

DO NOT operate the appliance with wet hands or wet feet to reduce the risk of electric shock.

DO NOT use the appliance while sleeping or if feeling sleepy.

DO NOT use this product before bed. The massager has a stimulating effect and may delay sleep.

DO NOT use this product while in bed.

DO NOT use machinery or heavy equipment while using this appliance.

DO NOT cover the appliance while in use. The product will overheat and may cause fire, electrocution, damage to property or injury to persons.

ONLY for indoor domestic use. Industrial or commercial use invalidates the warranty.

IMPORTANT!

If you have any concerns regarding your health, consult your doctor before using this appliance. Individuals with pacemakers should not use this product. If you experience pain in a muscle or joint for a prolonged period of time, discontinue use and consult your doctor. Persistent pain could be a symptom of a more serious condition.

DO NOT massage one area for more than 1 minutes at a time. And it is recommended to wear dry clothes or apply a dry towel to the skin before massaging. The massager should be pressed and moved slowly and gently.

DO NOT apply in the head or any skeletal parts of the body. Use the appliance only on the soft tissue parts of the body.

DO NOT use when bruising is present in massage areas and shows signs of pain or discomfort.

Keep your fingers or hair of any parts of your body away from the shaft and vibrating head, to avoid potential injury.

DO NOT remove the screws or attempt to disassemble the device and modify the fascia gun in any way.



WARNING: Do not recharge non-rechargeable batteries.



WARNING: Before installing batteries in the product, please make sure your hands are dry.

BATTERY PRECAUTIONS

- **Use only the size and type of batteries specified.**
- **When installing batteries, observe proper +/- polarities. Incorrect installation of batteries may cause damage to the unit.**
- **DO NOT mix old and new batteries.**
- **DO NOT mix alkaline, standard (carbon-zinc), or rechargeable batteries.**
- **DO NOT dispose of batteries in fire. Batteries may explode or leak.**
- **If the unit is not going to be used for a long period of time, remove batteries to prevent damage due to possible battery leakage.**

Product Description

1. Handle
2. ON/OFF and Speed switch
3. Massager head
4. Battery compartment



Interchangeable Heads



Small ball head



Small round head

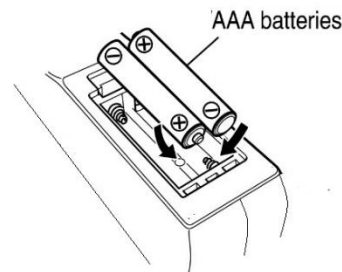


Flat head

Note: For massage head installation, simply plug/pull to remove and replace different massage heads

BATTERY REPLACEMENT

Remove the battery cover and insert 2 AAA batteries and follow the instructions found on the battery compartment. Put the battery cover back on the device, and make sure it's tightly fitted.



How to Use

1. Insert 2 AAA batteries into the battery compartment.
2. Push forward the On/Off switch to activate low intensity vibration setting.
3. Push to the far end to reach high intensity vibration setting.
4. Apply the massager gently to the area of concern. Massage the area for a short period of time and move to other area. NEVER massage the same area for longer than 3 minutes.
5. To turn OFF the unit, pull the On/Off switch all the way down.



Maintenance, Cleaning and Storage

1. Clean the equipment with a slightly damp cloth and dry with a soft cloth.
2. NEVER use strong abrasives, detergents, or cleansing agents.
3. NEVER allow water or any other liquids to come into contact with the unit.
4. Store the unit in a cool, dry place.

NOTE: If storing for longer than 4 weeks, ensure to remove the batteries before storing.

TECHNICAL SPECIFICATIONS

Model no.	ITGM-09
Battery type	1.5V*2pcs AAA battery

12 Month Warranty

Thank you for your purchase.

Your new product is warrantied to be free from defects in materials and workmanship for the period stated above, from the date of purchase, provided that the product is used in accordance with accompanying recommendations or instructions where provided. This warranty is in addition to your rights under the Australian Consumer Law.

For New Zealand customers, this warranty is in addition to statutory rights observed under New Zealand legislation.

We will provide you with your choice of a refund, repair (where possible) or exchange (availability dependent) for this product if it becomes defective within the warranty period. The business will bear the reasonable expense of claiming the warranty.

This warranty will no longer apply where the defect is a result of alteration, accident, misuse, abuse or neglect.

Please retain your receipt as proof of purchase and contact our Customer Service Centre as listed below, for the entity you purchased this product from, for any difficulties with your product. Warranty claims and claims for expense incurred in returning this product can be addressed to the respective Customer Service Centre.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Contact for Kmart purchases	Contact for Target purchases
Kmart Australia Ltd. C/- Customer Service Centre 690 Springvale Road, Mulgrave Vic 3170 Customer Service: 1800 124 125 (Australia) or 0800 945 995 (New Zealand) or via Customer Help at kmart.com.au	Target Australia Pty Ltd C/- Customer Service Centre 2 Kendall Street, Williams Landing, Vic, 3027 Customer Service: 1300 753 567 or via Customer Help at target.com.au/help/contact-us