

70 mm

100 mm

anko

Sleep Trainer Clock Instruction Manual



The illustrations shown in this manual are for reference only. Actual product may vary slightly.

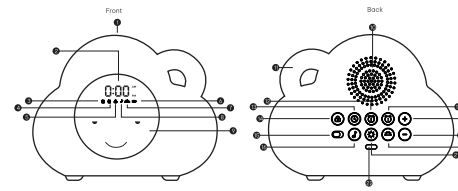
**IMPORTANT! PLEASE READ CAREFULLY BEFORE USE
AND KEEP FOR FUTURE REFERENCE.**

WARNING:

- To prevent damage, fire, risk of electrical shock or injury, do not expose this item to dust, vibration, rain, water or liquids of any kind, near open flames or heat sources. Do not disassemble or replace any parts of this item. This clock is intended for indoor use only.
- Always place this item on a flat, firm and stable surface.
- Do not place any objects on top of this clock.
- Do not use excessive force when pressing buttons or handling this clock.
- When cleaning the clock, use a dry, soft cloth or a minimally damp cloth without corrosive solvents or cleaning agents.
- If the unit becomes damaged or needs repair, contact our Customer Service Centre (listed on the last page) for assistance to avoid personal injury or property damage caused by improper use of this product.
- This item is not a toy. Do not allow children to play with it. For adult use only.
- Always place this clock out of reach of children. Do not use this clock close to your ears. Misuse may damage hearing.

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Product components:



| | |
|-----------------------------|---------------------------|
| 1. MODE button | 12. Alarm 1 button |
| 2. LCD display | 13. Time format selection |
| 3. Alarm 1 (sleep alarm) | 14. Child Lock |
| 4. Alarm 2 (wake up alarm) | 15. On/off |
| 5. Child lock | 16. Sound/music |
| 6. Battery status | 17. Alarm 2 button |
| 7. Sunrise mode | 18. Increase |
| 8. Sound/music | 19. Decrease |
| 9. Color Mode | 20. Sunrise button |
| 10. Speaker | 21. Night Light |
| 11. Night light (Ring lamp) | 22. USB-C port |

Product specifications:

Input: DC 5V/1A

Rechargeable lithium battery capacity: 1200mAh (non-replaceable)

USB-C charging cable x 1

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Product features:

- Training little one's ideal sleeping pattern with programmable wake up and sleep times
- Glowing red light indicates night/sleep time
- Glowing orange light indicates 30 minutes before day/awake time (Sunrise)
- Glowing green light indicates day/awake time
- Alarm clock with digital display
- 12 or 24 hour clock digital display
- Alarm clock
- Night light

Usage Instructions:

Child lock

- Press and hold the button for 2 seconds to set child lock. This will become visible on the LCD screen.
- Press and hold again for 2 seconds to unlock.

Time setting

- Switch between 12 or 24 hour clock mode by pressing time button once.
- To set the time, press and hold the time button until you see the first number (hour number) flashing.
- Press the "+" and "-" button to adjust the hour. Press "Time" button again to adjust the minutes. Press "Time" button to confirm the time.

Sleep Alarm (alarm 1)

Alarm 1 sets the sleep time. Press alarm 1 to switch on/off sleep alarm. When the icon of alarm 1 is on the screen, sleep alarm is on.

Setting Sleep Alarm (alarm 1)

- Press and hold alarm 1 button until the hour number begins to flash.
- Set sleep alarm in the same way as per Time setting instructions above.
- Confirm the hour by pressing alarm 1.

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- Adjust minutes in the same way.
- Confirm minutes by pressing alarm 1 again.
- Next is a menu selection for the sleep sound.
- The screen now shows letter N with number behind it: N-0 (no sound) / N-1 / ... / N-10. Change sleep sound by clicking "+" / "-".
- Confirm your choice by clicking on alarm 1 button again.
- When the set sleep time is reached, alarm 1 (sleep alarm) turns on and screen changes to red light with sleeping eyes. The sleep alarm remains on for 30 minutes. The sleep alarm can be switched off by pressing the MODE button. The light remains red through the night until reaching the set wake up time or sunrise alarm is set.

Wake up alarm (alarm 2)

Alarm 2 sets the time for wake up. Press alarm 2 to switch the wake up alarm on/off. When the icon of alarm 2 is on the screen, wake up alarm is on.

Setting Wake Up Alarm (alarm 2)

- Press and hold alarm 2 button until the hour number begins to flash.
- Set wake up alarm in the same way as per Time setting instructions.
- Confirm the hour by pressing alarm 2.
- Adjust minutes in the same way.
- Confirm minutes by pressing alarm 2 again.
- Next is a menu selection for wake up sound.
- The screen now shows letter N with number behind it: N-0 (no sound) / N-1 / ... / N-10. Change wake up sound by clicking "+" / "-".
- Confirm your choice by clicking on alarm button 2 again.
- When the set alarm time is reached, the screen will change to a green light with open eyes. The wake up alarm remains on for 5 minutes. The wake up alarm can be switched off by pressing the MODE button.

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- The green light will stay on for 30 minutes before entering standby mode.

Setting Sunrise mode

Press the sunrise button to turn the sunrise mode on/off. Sunrise mode will turn on 30 minutes before wake up mode (alarm 2). When the sunrise mode is on, the screen will change to orange light with half sleeping eyes.

Example: Set wake up alarm (alarm 2) at 07:00 and switch on the sunrise mode. The screen will change to orange light with half sleeping eyes at 06:30. At 07:00, wake up alarm (alarm 2) will turn on and the screen will change to green light with eyes open.

"+" and "-" button

Press "+" / "-" once to increase/ decrease your selection.

Press and hold the "+" / "-" button to increase/decrease the volume. Allows you to adjust the time.

Power button

Slide left/right to turn the sleep trainer on/off. When off, it is not possible to change settings.

Sound/Music button

Press once to turn the sound on/off. When the sound is on, the screen shows the sound icon and the corresponding number. Change sound by clicking "+" / "-".

Night light (ring lamp)

To switch ON/OFF, short press the button.

To adjust night light brightness, press and hold the button until the desired brightness is reached, then release the button. The brightness will be increased/decreased gradually.

USB-C Port

Charging port for a USB-C cable.

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Mode

Press once to take the sleep trainer out of standby mode.

Press once to adjust the mode of the display:

- Time only
- Time with facial expression
- Facial expression only

To adjust LCD display brightness, press and hold the button until the desired brightness is reached, then release the button. The brightness will be increased/decreased gradually.

12 Month Warranty

Thank you for your purchase.

Your new product is warranted to be free from defects in materials and workmanship for the period stated above, from the date of purchase, provided that the product is used in accordance with accompanying recommendations or instructions where provided. This warranty is in addition to your rights under the Australian Consumer Law.

For New Zealand customers, this warranty is in addition to statutory rights observed under New Zealand legislation.

We will provide you with your choice of a refund, repair (where possible) or exchange (availability dependent) for this product if it becomes defective within the warranty period. The business will bear the reasonable expense of claiming the warranty.

This warranty will no longer apply where the defect is a result of alteration, accident, misuse, abuse or neglect.

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Please retain your receipt as proof of purchase and contact our Customer Service Centre as listed below, for the entity you purchased this product from, for any difficulties with your product. Warranty claims and claims for expense incurred in returning this product can be addressed to the respective Customer Service Centre.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

| Contact for Kmart purchases | Contact for Target purchases |
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